



THE SESSION PREP GUIDE

SHARE THIS GUIDE WITH YOUR PARTY!

HOW TO PREP FOR YOUR *glam team*

- Have ample cleared table space ready for us to set up. A desk or counter height is preferred.
 - If you are in a location with no table space, please ask to have one provided for you by the venue or hotel.
- Access to at least 2 power outlets
 - We are a traveling studio, which means our artists have chairs and lights that need to be set up, and our stylists may have multiple tools that need to be plugged into the wall at the same time.



TIPS FOR YOUR *Makeup Session*

- 01** Remove all makeup from the day or night before by thoroughly cleansing your skin
- 02** Do not try any new products or treatments within two weeks of your session
- 03** Bring inspiration pictures that closely resemble your own features and disclose any makeup preferences you may have
- 04** Disclose any allergies/sensitivities you or anyone in your party may have before your artist arrives
- 05** Exfoliate your skin no sooner than 2 days prior to your session
- 06** Eat/brush your teeth at least 15 minutes before your makeup session
- 07** Do not eat or turn your head to have conversations with others while getting your makeup done
- 08** We recommend you wear something with a large opening or a button down shirt that is easy for you to take off when changing



TIPS FOR YOUR *Hair Session*

01

Your hair must be completely blow dried before your session, otherwise you may be charged a fee and put behind schedule

02

Don't forget to bring your hair accessories and 100% human hair extensions (if added to your service)

03

Do not steam dresses before or after your hair session to avoid frizziness. Please try to steam dresses the night before

04

Do not wash your hair the day of your session. We recommend washing your hair 24-48 hours before your session and no sooner

05

Don't forget to bring inspiration photos with hair length, color, and texture similar to yours

06

This is the perfect time to eat! Please have a snack or lunch during this time before you get your makeup done.

07

Make sure that you are drinking beverages from a straw to avoid tipping your head back while styling is being done.

08

Do not put any products in your hair before your hair styling session

Lastly, trust the process

If you have any questions or concerns before your session with us,
email or call us to chat!

WE CANT WAIT TO WORK WITH YOU!

CONTACT US

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